

# 2025 UNDER 10 GIRLS

	9/20	9/27	10/4	10/11	10/25	11/1	11/8	11/15	11/22
<b>8:00</b>	7v6	5v6	3v6	1v6	7v5	6v4	2v6	6v7	5v6
<b>9:00</b>	1v5	3v1	2v7	4v3	2v3	1v2	1v7	4v2	7v4
<b>10:00</b>	2v4	4v7	4v5	2v5	1v4	3v7	5v3	5v1	3v1
<b>BYE</b>	3	2	1	7	6	5	4	3	2

	<b><u>TEAM</u></b>	<b><u>COACH</u></b>
<b>1</b>	North Fork	Angela Cibulskis
<b>2</b>	Oakhurst	Magers, Lucas
<b>3</b>	Rivergold	Frost, Smysor
<b>4</b>	Spring Valley A	Ryan Smith
<b>5</b>	Spring Valley B	Kelsey Bullard
<b>6</b>	Wasuma A	Ashley Garcia
<b>7</b>	Wasuma B	Bethany Briggs

Coaches and teams are on one side of the field, by the Under 12 field, and all parents are on the opposite side of the field

The games are played with **two 20-minute halves** and a **10-minute half-time**. There are **7 players on the field** including the goalie. If teams are short players, they may borrow from other teams to make 8 for one sub or the teams will play an even number of players on the field. All players should participate for at least 50% of each game unless they become ill or injured.

Games need to start on time so the home team needs to give the visiting team the game card at least 20 minutes prior to the start of the game. Be ready to check in players at least 15 minutes before game time. If games start late playing time will be decreased. The first team listed is the home team and is responsible for bringing the game card. Each team should bring a game ball.

All players must wear shin guards which are completely covered by socks (socks may not be worn under the shin guards and folded down over the top.) Sweatpants are not permitted. In cold weather long sleeve shirts or non-hooded sweatshirts may be worn under the jersey. No jewelry of any kind or hair clips are allowed to be worn in a game.