## 2023 UNDER 8 BOYS



The games are played with four 10 -minute quarters and a five-minute half-time. Tfhere are 5 players on the field including the goalie. If teams are short players, they may play 4 v 4 without a goalie or borrow from other teams to make 5. All players should participate for at least $50 \%$ of each game unless they become ill or injured.

Games need to start on time, so the home team needs to give the visiting team the game card at least 20 minutes prior to the start of the game. Be ready to check in players at least 15 minutes before game time. If games start late playing time will be decreased. The first team listed is the home team and is responsible for bringing the game card. Each team should bring a game ball.

All players must wear shin guards which are completely covered by socks (socks may not be worn under the guards and folded down over the top.) Sweatpants are not permitted. In cold weather long sleeve shirts or non-hooded sweatshirts may be worn under the jersey. No jewelry of any kind or hair clips are allowed to be worn in a game.

